Spring Meeting Giovani Ricercatori


## Affrontiamo i fattori confondenti:

## Propensity score e inferenza causale

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WORKSHOP: "Come approcciarsi ai test statistici: road to Propensity Score"

## Outline

- Why propensity score (PS) methods?
- Key concepts in causal inference
- Quantify the causal effect in a simple observational study with one binary confounder
- Estimate the causal effect with multiple measured confounders: PS-based methods
- Conclusions
- Teamwork


## Why propensity score (PS) methods?

Multivariate Behavioral Research • Open Access • Volume 46, Issue 3, Pages 399-424 • May 2011

## An introduction to propensity score methods for reducing the effects of confounding in observational studies

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About 6300 citations on Scopus (search done April 2023)
Key idea: mimic characteristics of an RCT

## Notation

- $A$ and $Y$ are two binary random variables:
- A represents the Treatment/Exposure (1=exposed,0=not exposed)
- Y represents the Outcome
(1=event 0=no event)
- We also define the Counterfactual Outcome:
- $Y^{a=1}$ outcome $Y$ we would observed under the exposure ( $\mathrm{a}=1$ )
- $Y^{a=0} \quad$ outcome $Y$ we would observe in the absence of exposure ( $\mathrm{a}=0$ )


## Definition of causal effect

## Causal effect

INDIVIDUAL
i
A has a causal effect on $Y$ for the subject $i$ if:

$$
Y_{i}{ }_{i}^{a=1} \neq Y_{i}=0
$$

$$
H_{0}: Y_{i}{ }_{\mathrm{i}=1}=Y_{\mathrm{i}}^{\mathrm{a}=0}
$$

Generally impossible to measure (exception: cross-over trials)

## POPULATION iti

A has a causal effect on $Y$ in the population if:

$$
\begin{gathered}
P\left(Y^{\mathrm{a}=1}=1\right) \neq P\left(Y^{\mathrm{a}=0}=1\right) \\
\left(\text { or } E\left[Y^{\mathrm{Y}=1}\right] \neq E\left[Y^{\mathrm{a}=0}\right]\right) \\
\mathrm{H}_{0}: P\left(Y^{\mathrm{a}=1}=1\right)=P\left(Y^{\mathrm{a}=0}=1\right)
\end{gathered}
$$

Under some conditions the Average Causal Effect (ACE) could be measured

## Causation and association



vs.


Average causal effect, ACE
Comparison of marginal probabilities


Average effect in subgroups Comparison of conditional probabilities

## Association $\neq$ Causation (example)

| Subjects | $\mathbf{Y}^{\mathbf{a}=\mathbf{0}}$ | $\mathbf{Y}^{\mathbf{a}=1}$ |
| :---: | :---: | :---: |
| 1 | 0 | 1 |
| 2 | 1 | 0 |
| 3 | 0 | 0 |
| 4 | 0 | 0 |
| 5 | 0 | 0 |
| 6 | 1 | 0 |
| 7 | 0 | 0 |
| 8 | 0 | 1 |
| 9 | 1 | 1 |
| 10 | 1 | 0 |
| 11 | 0 | 1 |
| 12 | 1 | 1 |
| 13 | 1 | 1 |
| 14 | 0 | 1 |
| 15 | 0 | 1 |
| 16 | 0 | 1 |
| 17 | 1 | 1 |
| 18 | 1 | 0 |
| 19 | 1 | 0 |
| 20 | 1 | 0 |

## Average Causal Effect:

$$
\begin{gathered}
P\left(Y^{a}=0=1\right)=10 / 20=0.5 \\
P\left(Y^{a=1}=1\right)=10 / 20=0.5 \\
A C E=P\left(Y^{a=}=0=1\right)-P\left(Y^{a=1}=1\right)=0 \\
\rightarrow \text { No causal effect of } A \text { on } Y
\end{gathered}
$$

## Association $\neq$ Causation (example)

| sub | $\mathrm{Y}^{\text {a }} 0$ | $\mathrm{Y}^{\text {a }}$ |  | A | Y |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0 |  |  | 0 | 0 |  |
| 2 | 1 |  |  | 0 | 1 |  |
| 3 | 0 |  |  | 0 | 0 |  |
| 4 | 0 |  |  | 0 | 0 | Association: |
| 5 |  | 0 |  | 1 | 0 |  |
| 6 |  | 0 |  | 1 | 0 |  |
| 7 |  | 0 |  | 1 | 0 | $P(Y=1 \mid A=0)=3 / 7=0.43$ |
| 8 |  | 1 |  | 1 | 1 |  |
| 9 | 1 |  |  | 0 | 1 | $P(Y=1 \mid A=1)=7 / 13=0.54$ |
| 10 | 1 |  | $\longrightarrow$ | 0 | 1 |  |
| 11 | 0 |  |  | 0 | 0 |  |
| 12 |  | 1 |  | 1 | 1 | $P(Y=1 \mid A=0)-P(Y=1 \mid A=1) \neq 0$ |
| 13 |  | 1 |  | 1 | 1 |  |
| 14 |  | 1 |  | 1 | 1 | $\rightarrow \mathrm{A}$ and Y are not |
| 15 |  | 1 |  | 1 | 1 |  |
| 16 |  | 1 |  | 1 | 1 | independent |
| 17 |  | 1 |  |  | 1 |  |
| 18 |  | 0 |  | 1 | 0 |  |
| 19 |  | 0 |  | 1 | 0 |  |
| 20 |  | 0 |  | 1 | 0 |  |

## Randomized experiments

- In randomized experiments it is possible to estimate the average causal effect even if we observe only one outcome (either $\gamma^{a=0}$ or $\gamma^{a=1}$ ) for each subject
- Why? Because exchangeability holds:

$$
P\left[Y^{\mathrm{a}=1}=1 \mid A=1\right]=P\left[Y^{\mathrm{a}=1}=1 \mid A=0\right]=P\left[Y^{\mathrm{a}}=1\right]
$$

Conditional probabilities = Marginal probability
$\Rightarrow Y^{a} \perp A, \forall a$
In an «ideal» randomized study:
Association = Causation

$$
\begin{aligned}
& E[Y \mid A=1]=E\left[Y^{\mathrm{a}=1}\right] \\
& E[Y \mid A=0]=E\left[Y^{=}=0\right]
\end{aligned}
$$



NB: In general is not possible to check validity of exchangeability from data

## Randomization within strata



- Marginal exchangeability

- Conditional Exchangeability (on L)


## $\mathrm{Y}^{\mathrm{a}} \perp \mathrm{A} \mid \mathrm{L}, \forall \mathrm{a} \Leftrightarrow$

$E\left[Y^{a=1}|A=1, L=|\right]=E\left[Y^{a=1}|A=0, L=|\right]=E\left[Y^{a=1}|L=|\right]$

## Observational studies

Generally, in observational studies, subject exposed and not exposed are not exchangeable $\mathrm{Y}^{\mathrm{a}}, \perp \mathrm{A}$

Common causes of exposure and outcome may exist and be measured (L)

## Statins

A

L

## BMI

In some situations, conditioned on these characteristics, exchangeability may hold

$$
Y^{a} \perp A \mid L
$$

## Methods to estimate the causal effect

## Context/assumption

- Studies with randomization within strata
- Observational studies with conditional exchangeability


## Aim

- Estimate the Average Causal Effect (ACE)


## Methods

- Stratification (effects within subgroups)
- Matching (ATT)
- IPW (ATE or ATT)
- Standardization (aka G-computation)
- ...


## Toy example

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 |
| 2 | 0 | 0 | 1 |
| 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 |
| 5 | 0 | 1 | 0 |
| 6 | 0 | 1 | 0 |
| 7 | 0 | 1 | 1 |
| 8 | 0 | 1 | 1 |
| 9 | 1 | 0 | 1 |
| 10 | 1 | 0 | 1 |
| 11 | 1 | 0 | 0 |
| 12 | 1 | 1 | 1 |
| 13 | 1 | 1 | 1 |
| 14 | 1 | 1 | 1 |
| 15 | 1 | 1 | 0 |
| 16 | 1 | 1 | 0 |
| 17 | 1 | 1 | 0 |
| 18 | 1 | 1 | 0 |
| 19 | 1 | 1 | 0 |
| 20 | 1 | 1 | 0 |

## BMI

 <br> \section*{Statins <br> \section*{Statins <br> A}

Assumption:

- No marginal exchangeability
- Conditional Exchangeability (on L)


## Stratification

Separately estimate the effect within the two strata

$$
L=0 \text { and } L=1
$$

e.g. Relative Risk
$R_{\text {L=0 }}=$
$=P(Y=1 \mid L=0, A=1) / P(Y=1 \mid L=0, A=0)$
$=(2 / 4) /(1 / 4)=2$

## Stratification

## Separately estimate the effect within the two strata

 $L=0$ and $L=1$e.g. Relative Risk

$$
\begin{aligned}
& R_{L=0}= \\
& =P(Y=1 \mid L=0, A=1) / P(Y=1 \mid L=0, A=0)
\end{aligned}
$$

$$
=(2 / 4) /(1 / 4)=2
$$

$$
R R_{L=1}=P(Y=1 \mid L=1, A=1) / P(Y=1 \mid L=1, A=0)
$$

$$
=(3 / 9) /(2 / 3)=0.5
$$

## Matching

E.g. matching 1:1

- for each subject not exposed $(A=0)$ in the stratum $\mathrm{L}=0$ randomly match an exposed subject ( $A=1$ ) in the same stratum $\mathrm{L}=0$.
- Same for L=1.
- Exclude unmatched subjects


## Matching

In the matched sample, $L$ has the same distribution within exposed and not exposed groups.

## Marginal exchangeability

Estimate the average causal effect as in a randomized study
e.g. Relative Risk

$$
\begin{aligned}
R R & =E\left[Y^{a=1}\right] / E\left[Y^{a=0}\right] \\
& =P(Y=1 \mid A=1) / P(Y=1 \mid A=0) \\
& =(3 / 7) /(3 / 7)=1
\end{aligned}
$$

## Inverse Probabilty Weighting (IPW)

In each stratum, how many events would we expect if subjects are:


Due to conditional exchangeability:
$E\left(Y^{\mathrm{a}=1} \mid \mathrm{L}=1\right)=\mathrm{P}(\mathrm{Y}=1 \mid \mathrm{A}=1, \mathrm{~L}=1)$

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 |
| 2 | 0 | 0 | 1 |
| 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 |
| 5 | 0 | 1 | 0 |
| 6 | 0 | 1 | 0 |
| 7 | 0 | 1 | 1 |
| 8 | 0 | 1 | 1 |
| 9 | 1 | 0 | 1 |
| 10 | 1 | 0 | 1 |
| 11 | 1 | 0 | 0 |
| 12 | 1 | 1 | 1 |
| 13 | 1 | 1 | 1 |
| 14 | 1 | 1 | 1 |
| 15 | 1 | 1 | 0 |
| 16 | 1 | 1 | 0 |
| 17 | 1 | 1 | 0 |
| 18 | 1 | 1 | 0 |
| 19 | 1 | 1 | 0 |
| 20 | 1 | 1 | 0 |

$E\left(Y^{a=1} \mid L=0\right)=P(Y=1 \mid A=1, L=0)$

## Inverse Probabilty Weighting (IPW)

In each stratum, how many events would we expect if subjects are:


Due to conditional exchangeability:
$E\left(Y^{\mathrm{a}=1} \mid \mathrm{L}=1\right)=P(\mathrm{Y}=1 \mid \mathrm{A}=1, \mathrm{~L}=1)$
$E\left(Y^{\mathrm{a}=1} \mid \mathrm{L}=0\right)=\mathrm{P}(\mathrm{Y}=1 \mid \mathrm{A}=1, \mathrm{~L}=0)$

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 |
| 2 | 0 | 0 | 1 |
| 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 |
| 5 | 0 | 1 | 0 |
| 6 | 0 | 1 | 0 |
| 7 | 0 | 1 | 1 |
| 8 | 0 | 1 | 1 |
| 9 | 1 | 0 | 1 |
| 10 | 1 | 0 | 1 |
| 11 | 1 | 0 | 0 |
| 12 | 1 | 1 | 1 |
| 13 | 1 | 1 | 1 |
| 14 | 1 | 1 | 1 |
| 15 | 1 | 1 | 0 |
| 16 | 1 | 1 | 0 |
| 17 | 1 | 1 | 0 |
| 18 | 1 | 1 | 0 |
| 19 | 1 | 1 | 0 |
| 20 | 1 | 1 | 0 |

## Inverse Probabilty Weighting (IPW)

In each stratum, how many events would we expect if subjects are:


Due to conditional exchangeability:
$E\left(Y^{a}=0 \mid L=1\right)=P(Y=1 \mid A=0, L=1)$

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 |
| 2 | 0 | 0 | 1 |
| 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 |
| 5 | 0 | 1 | 0 |
| 6 | 0 | 1 | 0 |
| 7 | 0 | 1 | 1 |
| 8 | 0 | 1 | 1 |
| 9 | 1 | 0 | 1 |
| 10 | 1 | 0 | 1 |
| 11 | 1 | 0 | 0 |
| 12 | 1 | 1 | 1 |
| 13 | 1 | 1 | 1 |
| 14 | 1 | 1 | 1 |
| 15 | 1 | 1 | 0 |
| 16 | 1 | 1 | 0 |
| 17 | 1 | 1 | 0 |
| 18 | 1 | 1 | 0 |
| 19 | 1 | 1 | 0 |
| 20 | 1 | 1 | 0 |

$E\left(Y^{\mathrm{a}=0} \mid \mathrm{L}=0\right)=P(Y=1 \mid A=0, L=0)$

## Inverse Probabilty Weighting (IPW)

In each stratum, how many events would we expect if subjects are:


Due to conditional exchangeability:
$E\left(Y^{\mathrm{a}=0} \mid \mathrm{L}=1\right)=\mathrm{P}(\mathrm{Y}=1 \mid \mathrm{A}=0, \mathrm{~L}=1)$

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 |
| 2 | 0 | 0 | 1 |
| 3 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 |
| 5 | 0 | 1 | 0 |
| 6 | 0 | 1 | 0 |
| 7 | 0 | 1 | 1 |
| 8 | 0 | 1 | 1 |
| 9 | 1 | 0 | 1 |
| 10 | 1 | 0 | 1 |
| 11 | 1 | 0 | 0 |
| 12 | 1 | 1 | 1 |
| 13 | 1 | 1 | 1 |
| 14 | 1 | 1 | 1 |
| 15 | 1 | 1 | 0 |
| 16 | 1 | 1 | 0 |
| 17 | 1 | 1 | 0 |
| 18 | 1 | 1 | 0 |
| 19 | 1 | 1 | 0 |
| 20 | 1 | 1 | 0 |

$E(Y=0 \mid L=0)=P(Y=1 \mid A=0, L=0)$

## Inverse Probabilty Weighting (IPW)

Lets pool together the two samples. In the new pseudo-population, L has the same distribution among exposed and non-exposed

## Marginal exchangeability

Estimate the ACE as in a randomized study
e.g. Relative Risk

$$
R R=E\left[Y^{a=1}\right] / E\left[Y^{a=0}\right]
$$

$$
=P(Y=1 \mid A=1) / P(Y=1 \mid A=0)
$$

$$
=(8 / 20) /(10 / 20)=0.4 / 0.5=0.8
$$

## Inverse Probabilty Weighting (IPW)

The pseudo-population (size: 2 n ), can also be created by weighting each individual by $\mathrm{w}_{\mathrm{A}}=1 / \mathrm{P}(\mathrm{A}=\mathrm{a} \mid \mathrm{L}=\mathrm{l})$
$P(A=0 \mid L=0)=4 / 8$
$P(A=1 \mid L=0)=4 / 8$
$P(A=0 \mid L=1)=3 / 12$
$P(A=1 \mid L=1)=9 / 12$
e.g. Relative Risk
$R R=E\left[Y^{a=1}\right] / E\left[Y^{a=0}\right]$

$$
=P(Y=1 \mid A=1) / P(Y=1 \mid A=0)
$$

$$
=(8 / 20) /(10 / 20)=0.4 / 0.5
$$

$$
=0.8
$$

| subject | $\mathbf{L}$ | $\mathbf{A}$ | $\mathbf{Y}$ | Weights |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 | 2 |
| 2 | 0 | 0 | 1 | 2 |
| 3 | 0 | 0 | 0 | 2 |
| 4 | 0 | 0 | 0 | 2 |
| 5 | 0 | 1 | 0 | 2 |
| 6 | 0 | 1 | 0 | 2 |
| 7 | 0 | 1 | 1 | 2 |
| 8 | 0 | 1 | 1 | 2 |
| 9 | 1 | 0 | 1 | 4 |
| 10 | 1 | 0 | 1 | 4 |
| 11 | 1 | 0 | 0 | 4 |
| 12 | 1 | 1 | 1 | 1.33 |
| 13 | 1 | 1 | 1 | 1.33 |
| 14 | 1 | 1 | 1 | 1.33 |
| 15 | 1 | 1 | 0 | 1.33 |
| 16 | 1 | 1 | 0 | 1.33 |
| 17 | 1 | 1 | 0 | 1.33 |
| 18 | 1 | 1 | 0 | 1.33 |
| 19 | 1 | 1 | 0 | 1.33 |
| 20 | 1 | 1 | 0 | 1.33 |

## How about dealing with multiple (measured) confounders?

## Possible solution: Propensity Score (PS)

- For each subject $i$, PS is defined as «the probability of treatment assignment conditional on observed baseline covariates» (Rosenbaum \& Rubin, Biometrika 1983)

$$
P S_{i}=P\left(A_{i}=a \mid L_{i}\right)
$$

- PS is a measure of balance: conditional on PS, the distribution of covariates between treatment groups should be similar
- Typically estimated by logistic regression, e.g. $P S=P(A=1 \mid L)$

$$
\text { logit }(P S)=b_{0}+b_{1} L_{1}+b_{2} L_{2}+\ldots
$$

- PS matching: match patients (e.g. 1:1) with similar PS


## Inverse probaility of treatment weighting (IPTW)

- Individuals are weighted for the inverse of the probability of being treated with their actual treatment, given covariates:

$$
W_{i}^{A=a}=\frac{1}{P\left(A_{i}=a \mid L_{i}\right)}
$$

If subject $i$ is treated with $A=1$ :
If subject $i$ is treated with $A=0$ :

$$
W_{i}=\frac{1}{\mathrm{P}\left(\mathrm{~A}_{i}=1 \mid \mathrm{L}_{i}\right)}=\frac{1}{\mathrm{PS}_{i}} \quad \left\lvert\, \quad W_{i}=\frac{1}{\mathrm{P}\left(\mathrm{~A}_{i}=0 \mid \mathrm{L}_{i}\right)}=\frac{1}{1-\mathrm{PS}_{i}}\right.
$$

- In the weighted population, marginal exchangeability is achieved (provided there are no unmeasured confounders).


## Conclusions

Issues to consider when using PS methods:

- Positivity assumption
- Absence of unmeasured confouders
- Check balance after PS matching or IPW
- Variable selection for PS model
- Not directly able to correct other type of bias in observational studies: (e.g. selection bias, ecc...)
- More complex settings:
$>$ Non-binary treatments
$>$ Time-dependent covariates
- Other causal methods not based on PS: standardization (a.k.a «G-computation»)


## Conclusions

Some advantages of PS methods over outcome regression:

- Marginal vs conditional treatment effect
- Easier to estimate some effect measures (risk difference, RR or compare survival curves)
- Easier to check if balance is achieved with PS than to assess if outcome model is correct
- When outcome is rare and sample size is not big regression is limited but not PS


## References

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## Lavoro a gruppi

## Leggere i due articoli ed identificare i seguenti aspetti:

- Tipo di studio (osservazionale/sperimentale?, prospettico retrospettivo?)
- Fattore di esposizione (binario/multicategorico?)
- Endpoint principale (continuo/binario/multicategorico/sopravvivenza?)
- Fattori confondenti (quali? quanti?)
- Metodo PS (matching/IPW?, come è stato stimato il PS?)
- Il bilanciamento dei confondenti è migliorato in seguito all'applicazione del metodo basato sul PS?
- Come è cambiata l'associazione stimata (quale misura di effetto è stata utilizzata?) tra il fattore di esposizione e l'outcome prima vs dopo l'applicazione del metodo basato sul PS?

